



SCENAR

About SCENAR

SCENAR is a patented medical technology developed by the Russian government as part of the Russian space program. The requirement was for a device that could be effective for acute and chronic illness and be portable. S.C.E.N.A.R. (Self-Controlled Energo Neuro Adaptive Regulation) was invented by Russian doctors and scientists to overcome the unique problems of space travel. Pharmaceuticals were impractical for use in space due to the specificity of each drug and the need to store a large variety and quantity of drugs. Also, the introduction of toxins into the water recycling system presented the risk of one treatment infecting the whole crew.

A Russian team of doctors and scientists, based at Sochi University and lead by Alexander Karasev in the late 1970s, developed a method of treatment that was energy efficient, multi-applicable, portable and also non-invasive. Although it has been known since the sixties that cranial electrotherapy (micro-current) can significantly alleviate, if not cure disorders such as depression, chronic pain, immune deficiency, drug abuse, etc., this team of doctors and scientists were the first to achieve repeatable therapeutic treatment using electrical signals to stimulate the immune system. Head scientist Professor Revenko claimed that there were very few illnesses SCENAR could not treat and often cure. SCENAR therapy has been widely used since the early 1980's for Russian health care. Tests conducted in Russia have since shown the SCENAR proves effective in 80% of cases.

How it Works

The SCENAR sends low 9-volt electrical signals to the brain by way of the nerves to stimulate the brain to activate the body's own self-healing resources. Every cell and every organ in the body is controlled by and communicates with other cells and organs via electric signals. The skin, the brain and the nervous system are closely related since they are all derived from embryonic ectoderm. The SCENAR imitates normal nerve signals and causes the brain to respond by sending pain relieving and healing electric signals.

The device works by sending out a series of signals through the skin and measures the response. Each signal is only sent out when a change, in response to the previous signal, is recorded in the electrical properties of the skin. As the device is moved over the surface of the skin, a tingling prickly sensation is felt. Visible responses include reddening of the skin, numbness, and some stickiness.

What does it do?

The C-fibres, which comprise 85% of all nerves in the body, react most readily to the electro-stimulation. They are responsible for the production of neuropeptides and other regulatory peptides.

The body can get accustomed to a stable pathological state, which may have been caused by injury, disease or toxicity. The SCENAR catalyses the process of producing regulatory peptides by stimulating the C-fibres for the body to use where necessary. It is these neuropeptides that in turn reestablish the body's natural physiological state and are responsible for the healing process. As these peptides last up to several hours, the healing process will continue long after the treatment is over. The large quantity of neuropeptides and C-fibres in the central nervous system can also result in the treatment on one area aiding with other chemical imbalances, correcting sleeplessness, appetite and behavioral problems.

Also, unlike most allopathic drugs, SCENAR does not suppress the body's natural functioning. Instead, it stimulates the defensive and adapting mechanisms of the body to fight the disorder. Recovery occurs as the body rebalances normal pathological functions. One of the most valuable effects of SCENAR is that it eliminates stress reactions in the body's organisms as it promotes self-healing. SCENAR therapy provides a welcome complement to allopathic medicine and leaves the mind alert. After treatment, there are usually no physical limitations imposed so one may resume normal activities.

In Russia, there are over 50,000 cases of the device's use and some 600 practitioners currently use the device as their principal treatment instrument. Patients report dramatic relief from acute and chronic pain from injuries, diseases, fractures and burns. They say they experience a sense of well being and feel "energized" after a session. The SCENAR is also credited with vastly reducing recovery times. Russian athletes have been known not only to compete after serious injuries, but even to break world records. In accident and emergency wards, its ability to aid recovery is used to help victims of cardiac arrest, massive trauma and coma. It has recently been discovered to also aid in improving learning ability, memory, sexual function and improved physical health. Finally trials in Russia have also realized SCENAR's usage for pain relief. Both cancer and fracture patients have found more pain relief from the release of natural opiates after SCENAR treatment from administered opiates.

A vast wealth of information is available from research papers, clinical reports and training manuals. (Please check our website, www.rolandsemprie.com or email us, info@rolandsemprie.com) The device is used on most types of disease or injury: circulatory, sensory, respiratory, neurological, genital-urinary, muscular-skeletal, gastro-intestinal, endocrine, immune and psychological disorders.

What should I expect?

The SCENAR weighs approximately 300 grams, is 200 mm in length, with an electrical contact at one end and runs off a 9-Volt battery. This is run over the spine and abdomen or the infected areas, recording the resistive response to its signals and using its sophisticated software to return a fresh signal. A gentle tingling/stroking sensation will be felt. The practitioner is looking for anomalies on the skin surface, which may be highlighted by redness, numbness, stickiness or a change in numerical display or sound. Although these areas may not seem to directly relate to the obvious symptom, by treating these "asymmetries", (as the Russians call them), the healing process will commence.

Patients having SCENAR treatment need to take responsibility for their health and are advised to participate actively in the treatment and recovery process. The chemical compounds, released by the nerves, affect not only the problem areas, but also circulate in the blood treating other areas of the body. This goes some way to explaining how old and often forgotten problems are brought to the surface for treatment.

The Russians state that a chronic problem that the patient has may take up to 6 weeks treatment, with long-lasting effectiveness. They say that the SCENAR proves effective in 80% of all cases, of which full recovery occurs in 2/3rds of them and significant in the remainder.

Who is SCENAR for?

SCENAR is for Children, Adults, Seniors, Pregnant Women and Animals. The only restriction concerns those with pacemakers.

The Russian experience suggests that it can be effective for a very broad range of diseases, including diseases of the digestive, cardio-vascular, respiratory, musculoskeletal, urinary, reproductive and nervous systems. It is also useful for managing ENT diseases, eye diseases, skin conditions and dental problems. It has also been found beneficial in burns, insect bites, allergic reactions, diseases of the blood and disorders involving immune mechanisms; endocrine, nutritional and metabolic disorders; stress and mental depression, etc.

It is known to give real relief from many types of pain.

The following is a list of treatable conditions. It is not a definitive list as there are many other conditions that benefit from SCENAR therapy. These are listed on our website (www.rolandsemprie.com).

General Conditions	Personality and Coping disorders
Depression	Eating Disorders
Chronic pain	Epilepsy
Sleep Disturbances	Attention Deficit Disorders
Immune deficiency	Anxiety
Allergies	Acne
Drug abuse	Diseases of the Respiratory System
Common Cold	Acute Edema of the Lung
Viruses, Flu	Pleurisy
Tonsillitis, sinusitis	Diseases of the Digestive System
Laryngitis	Gastritis and Duodenitis
Bronchitis	Gastric and Duodenal Ulcers
Pneumonia	Enteritis
Asthma, Acute respiratory failure	Colitis
Cholecystitis	Dorsalgia
Hepatitis/Hepatic failure	Radiculopathy (trapped nerve)
Pancreatitis (Acute and Chronic)	Neuralgia (cervicalgia, lumbago, sciatica)
Diseases and Trauma of the Muscular-skeletal System	Myositis
Arthropathies (arthritis, arthrosis, etc.)	Ligament strain
Dorsopathies (deformations, spondylosis)	Superficial injury of soft tissues
Adhesive Encapsulitis (frozen shoulder)	Unknown pain (soft tissues and bones)
Diseases of the Circulatory System	Transient dystonia of blood vessels
Essential hypertension	Urethritis
Angina pectoris	Prostatitis (acute and chronic)
Acute myocardial infarction	Hyperplasia of prostate
Sudden cardiac arrest	Male infertility
Acute heart failure	Impotence (mostly psychogenic)
Ischemic heart disease	Disorders of the Female Genital Tract
Cardiologic NOS	Mastopathy
Hemorrhoids	Acute Mastitis
Diseases of the Ear	Salpingitis/ovarian cyst
Otitis	Endometriosis
Hearing loss	Fibromyoma of the uterus
Abnormal auditory perception	Erosion of cervix uteri
Urinary System/Male Genital Disorders	Dysmenorrheal, menstrual cycle disorders
Pyelonephritis (acute and chronic)	Female infertility
Urinary calculi	Frigidity
Cystitis	

Frequently asked Questions

How often do I need treatments?

In order to create a continuous flow of circulating regulative peptides SCENAR action must be given quite often. For any fresh injury or any acute inflammatory process, the treatment needs to be intensive, ideally once or even twice daily. For chronic conditions, treatments are ideally given three or four times a week initially. As things improve the frequency can be reduced.

A course of treatments will vary from individual to individual and takes into account such factors as the stage of the pathological process, the person's age, state of health, and so on.

Is it safe?

As the SCENAR impulse is similar to endogenous nerve impulses, it is non-damaging and safe. Only people with cardiac pacemakers are not allowed to have SCENAR treatment.

Children and pregnant women can be treated, and even animals enjoy it!

What about my conventional treatment?

If you are receiving treatment from your doctor it makes sense to inform him about SCENAR therapy. Treatment with SCENAR may enable you to reduce or even stop taking some medication, and this can be done under the supervision of your doctor.

What else do I need to know?

During the treatment of chronic conditions, occasionally a healing crisis may occur (experienced as a complete lack of energy and malaise). This arises if the body is getting rid of toxic energy too rapidly. There are techniques that can be used with the SCENAR to manage this.

Patients generally experience an increase in energy, more refreshing sleep and an improved sense of well-being.

How do I prepare for a session?

For best results it is advisable not to bathe or shower for two hours before and after treatment. It may be necessary to shave an area of skin to ensure good communication between the device and the nervous system. Wear clothes with a minimum of synthetic additives and avoid wearing jewellery to a session. Do not apply cream or ointment to your skin prior to a session.

What do I need to bring to the session?

A positive attitude!

Recovery in all cases is aided by trusting your body's capacity to heal and by giving the therapy a reasonable opportunity to work. The results will be quicker for some than for others. Be patient.

How does this differ from other therapies?

There are several ways in which it differs from other electrical therapies. Unlike TENS machines, each impulse is different from the previous one so the body is unable to adapt to the signal.

The SCENAR impulse is high amplitude so it stimulates C-fibres, which make up about 85% of the nerves in the body. This explains the quick effectiveness of SCENAR therapy on the whole body.

Who are We?

Roland Semprie Rosedale is owned and operated by Roland Semprie. Roland has been trained and certified as a Doctor of SCENAR by Dr. Alexander Revenko, the Inventor and Master Trainer of SCENAR, and, his wife, Dr. Galina Subbotina in Ekaterineburg, Russia. Roland is a health care practitioner with an extensive background in the other healing sciences.

Roland Semprie

President/Director/Owner of Roland Semprie Rosedale Inc. Roland is a Doctor of SCENAR as well as a Medical Exercise Specialist, a Certified Earth Shiatsu Therapist with two advanced post graduate certifications, an Infra-Red Non-Thermal laser Practitioner, a Certified Acupuncturist, a Certified Trainer and Master Practitioner of NLP, a Certified Trainer and Master Practitioner of Hypnotherapy, and a Certified Trainer and Master Practitioner of Time Empowerment Techniques. He is owner and President of Roland Semprie Rosedale, Canada's only East meets West personal fitness, integrative healthcare, body treatment, concierge and corporate learning destination. He is an exceptional personal trainer, a motivational speaker, a professional Salsa Dancer and competitive Muay Thai Boxer.

Contact us

Roland Semprie Rosedale is located in the heart of Rosedale at 1073 Yonge Street, Suite 200. Take the elevator to the second floor and reception will be happy to help you. Appointments with Roland Semprie, directly, can be made at 416 850 2275.

We are available for SCENAR Therapy, Chiropractic, Physiotherapy, Massage (RMT), Holistic Nutrition, Acupuncture, Shiatsu, Thai Massage, Jade Stone massage and Hot Stone massage. Further information can be obtained from our website at www.rolandsemprie.com or from calling us directly at 416 850 2275.

Testimonial

When I initially heard that Roland Semprie was using some sort of electrical device from Russia in order to help people achieve better health I raised an eyebrow, but was curious to learn more. After speaking with Roland about his own experiences with SCENAR and after reading the information he forwarded regarding the treatment I was fascinated but still a tiny bit skeptical... however, I took into consideration Roland's extensive educational and professional background in health and fitness and took a long look at Mr. Semprie himself (figuring that whatever he's doing obviously works) and decided to give SCENAR a try.

For the past two months Roland has been using the SCENAR to treat a problem I've had for 15 years, acne. I've tried every topical concoction and prescription drug available but nothing has ever produced consistent lasting results. Since seeing Roland, I have noticed a significant improvement in my skin: fewer breakouts, when they do occur it is less severe and heals much faster.

It hasn't happened overnight, in fact as predicted, my complexion got worse for the first couple of weeks. Now that I'm on my seventh treatment and we are closer to achieving balance. My skin looks and feels much better than it has in a long time. I'm really pleased with the results and would recommend giving it a try.

Belynda March 2005